



April

"April showers bring May flowers"



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Talk to your child about how plants and flowers grow. <i>Go for a bike or scooter ride."</i>	Discuss the parts of a plant with your child: <i>petals, stem, leaves, roots.</i> <i>Have your child practice jumping rope.</i>	Read a book to your child about flowers and plants. Then have them read it back to you. <i>Have your child gallop like a horse to the restroom and the kitchen</i>	Help your child learn to do a forward roll or a somersault.
Take a family walk around the block to get some fresh air. Point out differences in plants and flowers you notice along the way.	Have your child draw a picture of Spring. Once finished, ask them to tell you about their picture and write down what they say along with the date. <i>Play "Simon Says" with your child.</i>	Have your child begin to learn his/her birthdate including Month, Date, and Year. <i>Have your child pretend to waddle like a duck or leap like a frog across the room</i>	Have your child practice printing and tracing the letters of his/her name on a piece of paper. <i>Play hopscotch with your child today.</i>	Spend time walking outside discussing what's in the sky. Use words like <i>lightening, moon, sky, stars, sun, and thunderstorm.</i> Allow your child to name things on their own.	Give your child a small amount of household items to count: spoons, marbles, beans, buttons, paperclips, etc. Increase the amount as you go. <i>Turn up the music and dance as a family.</i>	Have a family exercise session. Do some jumping jacks, push-up, sit-ups or go for a jog.
Have your child sort and name the vegetables and fruits you purchase on your grocery run. <i>Go for a bike or scooter ride.</i>	Make a weather chart with your child and document the weather each day. Use words like <i>cloudy, rainy, sunny, windy, etc.</i> <i>Play "Simon Says" with your child.</i>	Have your child draw a picture using his/her favorite 3 colors. <i>Set up targets and have your child hop from place to place on the floor.</i>	Use string, large beads, hollow pasta noodles, or buttons to make a necklace, bracelet or other design. <i>Play hopscotch with your child today.</i>	Read a book with your child and have them draw a picture of their favorite part of the story afterwards. <i>Have your child practice dribbling a basketball.</i>	Have your child count the canned foods in your kitchen pantry. <i>Create a low balance beam and have your child walk across it.</i>	Go for a family bike ride around the neighborhood.
Work with your child on two puzzles. Have your child tell you which is his/her favorite and why. <i>Have your child practice jumping rope.</i>	Have your child pick a favorite topic and make a list of words that describe the topic. <i>Go for a bike or scooter ride."</i>	Talk to your child about the four seasons: <i>Summer, Fall, Winter and Spring.</i> Have your child tell you the different characteristics of each season. <i>Play "Simon Says" with your child.</i>	Spring Cleaning! Together pack away winter clothes. Arrange your child's closet so he/she can reach items and put them away.	Sing a song with your child (BINGO, This Old Man, The Wheels on the Bus). <i>Create a low balance beam and have your child walk across it.</i>	Discuss the concept of a "pair" with your child. Then have them count how many pairs of shoes they find around the house.	With your child make a bunny out of paper bags, cotton balls, and other things you have around the house.
Re-pot a house plant together or plant seeds for a new plant.	Say a word to your child and ask him/her to say words that rhyme with it. <i>Sing "Head, Shoulders, Knees and Toes with your child."</i>	Punch 2 rows of 3 or 4 holes in a heavy piece of paper. Provide your child with yarn, ribbon, or shoelaces so that he/she can practice lacing and tying. <i>Go for a bike or scooter ride.</i>	Pick a letter of the alphabet and have your child find things that begin with that letter. <i>Set up targets and have your child hop from place to place on the floor.</i>	Have your child count the trees in your yard or on your street.		



